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Services

Overview of Texas Medicaid Waivers

Agenda



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- Intellectual and Developmental Disabilities Waivers
- Youth Empowerment Services
- STAR Kids/Medically Dependent Children Program
- STAR+PLUS Home and Community-Based Services
- Community First Choice

1915(c) Medicaid Waiver

What is a 1915(c) Medicaid Waiver?

Waivers authorized by section 1915(c) of the Social Security Act allow states to provide long-term services and supports in a community setting as an alternative to services in an institutional setting.



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Services Delivery Options

- Individuals may select how they would like some services delivered:
 - Agency Option - Standard service delivery through an agency
 - Service Responsibility Option - Individual manages day-to-day activities and the provider agency manages business activities
 - Consumer Directed Services - Individual manages both day-to-day and business activities
- CDS individuals receive financial management services and may receive support consultation.



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1915(c) Waivers

Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions Program Waivers

- Community Living Assistance and Support Services (CLASS)
- Deaf Blind with Multiple Disabilities (DBMD)
- Home and Community-Based Services (HCS)
- Texas Home Living (TxHmL)



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1915(c) Waivers

Nursing Facility Waiver

- Medically Dependent Children Program

Institution for Mental Disease

- Youth Empowerment Services



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CLASS - Summary

- May live in own home or family home
- Case management and direct services provided by two separate agencies
- Services must be within the cost ceiling of the program-\$114,736 annual cost limit
- Available statewide



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CLASS - Eligibility

- Financial eligibility for Medicaid
- Related condition as the primary diagnosis
- Substantial functional limitations in at least three of the following areas: self care, language, learning, mobility, self direction, capacity for independent living
- Not enrolled in another waiver



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CLASS - Services

- Adaptive Aids
- Minor Home Modifications
- Transition Assistance Services
- Case Management
- *Occupational, Speech and Physical Therapies*
- Specialized Therapies
- Behavioral Support Services
- *Habilitation Services*
- Prevocational Services
- *Nursing Services*
- *Respite Services*
- *Cognitive Rehabilitation Therapy*
- *Supported Employment*
- *Employment Assistance*
- *Support Consultation*
- Continued Family Services
- Support Family Services

Services in italics are available through the CDS option



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DBMD - Summary

- Participants may reside in their own home or family home or in residences with one to five other individuals with similar needs.
- Case management and direct services provided by the same agency.
- Available statewide.



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DBMD - Eligibility

- Financial eligibility for Medicaid
- Deafblind, or functioning as deafblind, and has one other disability that results in impairment to independent functioning
- Services within the annual cost limit of \$114,736



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HCS - Summary

- Service coordination provided by the local intellectual and developmental disability authority
- Provision of waiver service components by Home and Community-Based Services provider
- Comprehensive program provider
- Available statewide



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HCS - Eligibility

- Financial eligibility for Medicaid
- Primary diagnosis of an intellectual disability or an IQ of 75 or below and a related condition
- Services within the annual cost limit for the program:
 - \$167,468 for level of need 1 (intermittent); LON 5 (limited); and LON 8 (extensive)
 - \$168,615 for LON 6 (pervasive)
 - \$305,877 for LON 9 (pervasive plus)
- Not enrolled in another waiver



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HCS – Services (1 of 2)

- *Supported Home Living (CFC)*
- Day Habilitation
- *Supported Employment*
- Adaptive Aids
- Minor Home Modifications
- Therapies
- Dental
- *Cognitive Rehabilitation Therapy*
- Transition Assistance Services

Services in italics are available through the CDS option.



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HCS – Services (2 of 2)

- *Nursing*
- *Respite*
- *Employment Assistance*
- Residential Assistance
- *Financial Management Services*
- Support Consultation

Services in italics are available through the CDS option.



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TxHmL - Summary

- Provides selected essential services and supports for individuals living in their own home or family home
- Service coordination by LIDDA and provision of waiver service components by TxHmL Program Provider
- Available statewide
- Services within the annual cost limit for the program of \$17,000



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TxHmL - Eligibility

- Financial eligibility for Medicaid
- Primary diagnosis of an intellectual disability or an IQ of 75 or below and a related condition
- Must live in own or family home (no residential component)



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TxHmL - Services

- *Community support*
- *Day habilitation*
- *Employment assistance*
- *Supported employment*
- *Respite*
- *Skilled nursing*
- *Behavioral support*
- *Physical and occupational therapy*
- *Dietary*
- *Speech and language pathology*
- *Audiology*
- *Minor home modifications*
- *Adaptive aids*
- *Dental*
- *Support Consultation Services*
- *Financial Management Services*

All services can be provided by the CDS option.



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YES - Summary

Youth Empowerment Services

- YES waiver services are provided by a comprehensive certified YES waiver provider, and intensive case management is provided through targeted case management by the local mental health authority or approved wraparound provider organization.
- Services must be within the program annual cost limit.
- Annual cost limit of \$35,804.



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YES - Eligibility

- Provides individualized services to individuals ages 3 through 18 who qualify for an Institute for Mental Disease level of care.
- Must have serious functional impairment or acute psychiatric symptoms, and be reasonably expected to qualify for inpatient care under the Texas Medicaid inpatient psychiatric admission guidelines.



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YES – Services (1 of 2)

- Adaptive aids
- Employment assistance
- Minor home modifications
- Respite
- Supported employment
- Non-medical transportation
- Paraprofessional services
- Family supports
- Community living supports



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YES – Services (2 of 2)

- Supportive family-based alternative
- Transitional services
- Specialized therapies
 - Animal-assisted therapy
 - Art therapy
 - Music therapy
 - Recreational therapy
 - Nutritional counseling



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STAR Kids/MDCP

The MDCP 1915(c) waiver:

- Provides a variety of services and supports for families caring for children who are medically dependent as an alternative to residing in a nursing facility.
- Is available statewide.
- Services in MDCP are provided through managed care organizations through the STAR Kids and STAR Health programs.



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STAR Kids/MDCP

- Must be under 21 years of age
- Financial eligibility for Medicaid
- Must meet the medical necessity requirements for nursing facility admission
- Have an individual plan of care that does not exceed 50 percent of the reimbursement rate that would have been paid for that same person to receive services in a nursing facility, as of August 31, 2010



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STAR Kids/MDCP

Services

- Adaptive aids
- *Flexible family support services*
- Minor home modifications
- *Respite*
- Transition assistance services
- *Supported employment*
- *Employment assistance*
- *Financial Management Services*

Services in italics are available through the CDS option.



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STAR+PLUS - Eligibility

To be eligible, an individual must be:

- Age 21 or over.
- Assessed to require the level of care provided by a nursing facility.
- Medicaid eligible.

People who receive supplemental security income or who have SSI-related Medicaid may be assessed for STAR+PLUS HCBS at any time by contacting their managed care organization and requesting an assessment.



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STAR+PLUS HCBS Program

Home and community based services are available to adults who meet income, resource and medical necessity requirements for nursing facility level of care. Home and community based services include services unavailable under the state plan, as a cost-effective alternative to living in a nursing facility.



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STAR+PLUS HCBS

Services (1 of 2)

- Adaptive aids
- Assisted living
- Adult foster care
- *Cognitive rehabilitation therapy*
- Dental
- Emergency response
- Financial management services
- Home delivered meals
- *Nursing services*

Services in italics are available through the CDS option.



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STAR+PLUS HCBS

Services (1 of 2)

- Medical supplies
- Minor home modifications
- *Personal assistance services*
- *Respite care*
- *Therapies*
- *Supported employment*
- *Employment assistance*
- Transition assistance services

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CFC - Eligibility

To be eligible for Community First Choice services, an individual must:

- Be enrolled in Medicaid.
- Meet the institutional level of care for a hospital, an ICF/IID, nursing facility or Institution for Mental Disease.
- Due to a federal limitation, STAR+PLUS HCBS waiver members whose financial eligibility is established as Medical Assistance Only are excluded from CFC.



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CFC - Services

- Personal assistance services
- Habilitation
- Emergency response services
- Support management



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RESOURCES



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1915(c) Interest Lists

- For CLASS, DBMD and MDCP call **1-877-438-5658**.
- Email **YESWaiver@dshs.state.tx.us**. Hill Country Mental Health & Developmental Disabilities Centers serves Hays County. The YES Waiver Inquiry Line is **844-654-7225**.
- For HCS and TxHmL, call the LIDDA serving the city or county of residence to get registered on the interest list through **<https://www.dads.state.tx.us/contact/search.cfm>**



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STAR+PLUS HCBS

Interest List

- If you do not have Medicaid, you may request to be placed on list by calling **1-855-937-2372**.
- If you have an account with **YourTexasBenefits.com**, log in and go to "**Find Support Services**" on the home page.
- You and your caregivers may go to any Aging and Disability Resource Center or Area Agency on Aging office and request to be screened for services.



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CFC - Resources

CFC Website

<https://hhs.texas.gov/doing-business-hhs/provider-portals/resources/community-first-choice-cfc>

For questions about CFC services provided under the HHSC waiver programs, email MCD_CFC@hhsc.state.tx.us.



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1915(c) Waiver Mailbox

- CLASS: class@dads.state.tx.us
- DBMD: dbmd@dads.state.tx.us
- HCS: hcs@dads.state.tx.us
- TxHmL: txhml@dads.state.tx.us
- YES: YESWaiver@dshs.state.tx.us



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Waiver Resources

- Waiver comparison chart
https://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Waivers.pdf
- What is CLASS?
https://hhs.texas.gov/sites/hhs/files//basic_page/class_english.pdf
- What is DBMD?
https://hhs.texas.gov/sites/hhs/files//basic_page/dbmd_english.pdf
- What is HCS?
https://hhs.texas.gov/sites/hhs/files//basic_page/hcs_english.pdf
- What is TxHmL?
https://hhs.texas.gov/sites/hhs/files//basic_page/txhml_english.pdf
- YES website: <https://dshs.texas.gov/mhsa/yes>



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Thank You
