



Caring People Dedicated to Quality Service

# Request for Services

In order to complete the enrollment process, send the completed Request for Services to [intake@hillcountry.org](mailto:intake@hillcountry.org)  
\*\*Our Enrollment process takes approximately 1.5 hours and will be completed the same day the request is submitted.\*\*  
Please select your meeting preference:  Home/ MS Teams, I have internet access  In Clinic  Other: \_\_\_\_\_

Date: \_\_\_\_\_ Name of Individual: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ What is bringing you in today? \_\_\_\_\_

Who Referred You To Us?  CPS  Court  Probation  Parole  School  Other: \_\_\_\_\_

Primary Language: \_\_\_\_\_ Communication Method: \_\_\_\_\_

Translator/Interpreter required?  YES  NO Do you need assistance with reading or writing?  YES  NO

How can we best assist you with reading or writing in your recovery process? \_\_\_\_\_

Do you need any assistive technology in the course or your treatment?  YES  NO Explain: \_\_\_\_\_

**Are you or the person wanting services currently having thoughts of suicide, thoughts to hurt self, or thoughts to hurt someone else?  YES  NO**

**Are you or the person wanting services currently:  Pregnant  Injecting Drugs  Homeless  At risk of overdosing  Involved with CPS  None**

Social Security Number: \_\_\_\_\_ Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Sex: \_\_\_\_\_ Gender Identity (optional): \_\_\_\_\_ Sexual Orientation (optional): \_\_\_\_\_

Physical Address: \_\_\_\_\_ County: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Insurance: \_\_\_\_\_ Policy Holder: \_\_\_\_\_ Policy #: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact Relationship: \_\_\_\_\_ Address: \_\_\_\_\_

Legal Status:  Minor  Minor w/Conservator (**Please provide guardianship/court orders for custody**)  
 Adult with Guardian  Adult no Guardian  
Name of Responsible Person (or Guardian) if applicable: \_\_\_\_\_  
Phone Number of Responsible Person/Guardian: \_\_\_\_\_

Employment Status:  Full Time  Part Time  Unemployed  School/Child  Retired  
Marital Status:  Never Married  Married  Separated  Divorced  Widowed  
Living Arrangement:  Own Home  Family Home  Friend's House  Nursing Home  Homeless  Other  
Highest Level of Education Completed: \_\_\_\_\_ Currently Enrolled?  Yes  No  
Veteran or Active Duty?  Yes  No If yes, what branch?  Army  Marines  Navy  Air Force  Coast Guard  
Smoking and Tobacco Use:  Current Daily Use  Occasional Use  Former Use  Never Used  
Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
List any allergies or special precautions: \_\_\_\_\_



Please answer the following.

## HOUSING

1. What is your housing situation today?<sup>1</sup>
  - I do not have housing (I am staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)
  - I have housing today, but I am worried about losing housing in the future
  - I have housing
2. Think about the place you live. Do you have problems with any of the following? (check all that apply)<sup>1</sup>
  - Bug infestation
  - Mold
  - Lead paint or pipes
  - Inadequate heat
  - Oven or stove not working
  - No or not working smoke detectors
  - Water leaks
  - None of the above

## FOOD

3. Within the past 12 months, you worried that your food would run out before you got money to buy more.<sup>1</sup>
  - Often true
  - Sometimes true
  - Never true
4. Within the past 12 months, the food you bought just didn't last and you didn't have money to get more.<sup>1</sup>
  - Often true
  - Sometimes true
  - Never true

## TRANSPORTATION

5. In the past 12 months, has lack of transportation kept you from medical appointments, meetings, work or from getting things needed for daily living? (check all that apply)<sup>1</sup>
  - Yes, it has kept me from medical appointments or getting medications
  - Yes, it has kept me from non-medical meetings, appointments, work, or getting things that I need
  - No

## UTILITIES

6. In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home?<sup>1</sup>
  - Yes
  - No
  - Already shut off

## PERSONAL SAFETY

7. How often does anyone, including family, physically hurt you?<sup>1</sup>
  - Never
  - Rarely
  - Sometimes
  - Fairly often
  - Frequently
8. How often does anyone, including family, insult or talk down to you?<sup>1</sup>
  - Never
  - Rarely
  - Sometimes
  - Fairly often
  - Frequently
9. How often does anyone, including family, threaten you with harm?<sup>1</sup>
  - Never
  - Rarely
  - Sometimes
  - Fairly often
  - Frequently

10. How often does anyone, including family, scream or curse at you?<sup>1</sup>
  - Never
  - Rarely
  - Sometimes
  - Fairly often
  - Frequently

## ASSISTANCE

11. Would you like help with any of these needs?<sup>1</sup>
  - Yes
  - No

Questions 1-10 are reprinted with permission from the National Academy of Sciences, courtesy of the National Academies Press, Washington, D.C.

## REFERENCE

1. Billieux A, Verlander K, Anthony S, and Alley D. National Academy of Medicine. Standardized screening for health-related social needs in clinical settings: the accountable health communities screening tool. National Academies Press. Washington, D.C. <https://nam.edu/wp-content/uploads/2017/05/Standardized-Screening-for-Health-Related-Social-Needs-in-Clinical-Settings.pdf>. Accessed November 14, 2017.

## DISCLAIMER

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HOP17091665



Adult Client Name (Under age 18 see back): \_\_\_\_\_ Date of Completion: \_\_\_\_\_

## PATIENT HEALTH QUESTIONNAIRE -9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?  
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING   0   + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_  
=Total Score: \_\_\_\_\_

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult  
at all

Somewhat  
difficult

Very  
difficult

Extremely  
difficult

**IF UNDER AGE 18 YEARS, PLEASE COMPLETE THIS SIDE**

# PHQ-9 modified for Adolescents (PHQ-A)

Name: \_\_\_\_\_ Clinician: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** How often have you been bothered by each of the following symptoms during the past two weeks? For each symptom put an "X" in the box beneath the answer that best describes how you have been feeling.

	(0) Not at all	(1) Several days	(2) More than half the days	(3) Nearly every day
1. Feeling down, depressed, irritable, or hopeless?				
2. Little interest or pleasure in doing things?				
3. Trouble falling asleep, staying asleep, or sleeping too much?				
4. Poor appetite, weight loss, or overeating?				
5. Feeling tired, or having little energy?				
6. Feeling bad about yourself – or feeling that you are a failure, or that you have let yourself or your family down?				
7. Trouble concentrating on things like schoolwork, reading, or watching TV?				
8. Moving or speaking so slowly that other people could have noticed?  Or the opposite – being so fidgety or restless that you were moving around a lot more than usual?				
9. Thoughts that you would be better off dead, or of hurting yourself in some way?				

In the past year have you felt depressed or sad most days, even if you felt okay sometimes?

Yes  No

If you are experiencing any of the problems on this form, how **difficult** have these problems made it for you to do your work, take care of things at home or get along with other people?

Not difficult at all  Somewhat difficult  Very difficult  Extremely difficult

Has there been a time in the past month when you have had serious thoughts about ending your life?

Yes  No

Have you **EVER**, in your **WHOLE LIFE**, tried to kill yourself or made a suicide attempt?

Yes  No

*\*\*If you have had thoughts that you would be better off dead or of hurting yourself in some way, please discuss this with your Health Care Clinician, go to a hospital emergency room or call 911.*

Office use only:

Severity score: \_\_\_\_\_

Modified with permission from the PHQ (Spitzer, Williams & Kroenke, 1999) by J. Johnson (Johnson, 2002)

# CAGE-AID Questionnaire

The CAGE Adapted to Include Drugs (CAGE-AID) Questionnaire is an adaptation of the CAGE for the purpose of conjointly screening for alcohol and drug problems. The CAGE-AID focuses on lifetime use.

When thinking about drug use, include illegal drug use and the use of prescription drug use other than prescribed.

Have you ever felt like you ought to cut down on your drinking or drug use? \*

- Drinking - Yes  
 Drugs - Yes

- Drinking - No  
 Drugs - No

Have people annoyed you by criticizing your drinking or drug use? \*

- Drinking - Yes  
 Drugs - Yes

- Drinking - No  
 Drugs - No

Have you felt bad or guilty about your drinking or drug use? \*

- Drinking - Yes  
 Drugs - Yes

- Drinking - No  
 Drugs - No

Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (eye-opener)? \*

- Drinking - Yes  
 Drugs - Yes

- Drinking - No  
 Drugs - No

How many times in the past year have you had 5 (for men)/4 (for women) or more drinks in a single day? \*

0 to 2 times

3 or more times

Gender (born, identified, expressed)

- Male  
 Female  
 Does not identify as either  
 Other

C: Have you ever felt that you ought to Cut down on your drinking or drug use?

A: Have people Annoyed you by criticizing your drinking or drug use?

G: Have you ever felt bad or Guilty about your drinking or drug use?

E: Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover (Eye opener)?

This tool was developed by Richard Brown, MD and Laura Saunders at the University of Wisconsin.

## **Rights Review and Consent for Evaluation and Services**

I. Hill Country Mental Health and Developmental Disabilities Centers (HCMHDDC) offers mental health evaluations and determination of disability (DID) and treatment to qualified individuals requesting services.

II. You have the following rights whether you consent to evaluation or treatment.

- You have the right to informed consent, or the right to be informed of intended benefit or possible risks.
- You have the right to refuse treatment or services.
- You have the right to review, ask questions about and offer suggestions related to your mental health services.
- You have the right to make complaints about your mental health services.
- You have the right to review your mental health records unless there is clinical justification to prohibit a requested review. All record reviews must be in writing.
- You have the right to receive a copy in writing of your rights as an individual in services.

III. You have the right to be informed about the nature or reason for evaluation and treatment, as well as what options might be available other than the recommended treatment or services.

NOTE: Informed consent does not mean you are consenting to release of information, however there may be situations when information about your mental health or services may be disclosed to other stakeholders without your consent. Release of information will follow state and federal laws.

### **Consent for Evaluation and Services**

**I have been informed about my rights to consent or not to consent to evaluation or treatment or services.**

**Yes**    **No**

**I agree to receive and participate in a mental health evaluation or determination of intellectual developmental disability.**    **Yes**    **No**

**I agree to receive and participate in mental health or IDD treatment and services.**    **Yes**    **No**

I understand I have a responsibility to keep all scheduled appointments with clinic staff. Barring any unforeseen emergency, I will give at least 24 hours' notice prior to cancelling any clinic appointment. I understand if I miss 2 consecutive appointments without giving 24 hours' notice, my case may be reviewed by clinical staff for possible discharge from clinic services. If my case is closed, I will receive a letter notifying me all services, including medications have been discontinued.

I understand and have been informed I have the right to appeal decisions to deny, terminate or reduce services, I understand if I have questions about my rights as an individual in services, I may ask staff or the Rights Protection Officer for clarification, and that my rights will be reviewed with me annually.

Rights Protection Officer  
819 Water Street, Suite 300  
Kerrville, Texas 78028  
830.792.3300 x2066

Disability Rights Texas  
7800 Shoal Creek Blvd  
Austin, Texas 78757  
512.374.0755

## Receipt of Notice of Privacy Practice

**I acknowledge that I have received a copy of Hill Country MHDD Centers Notice of Privacy Practices.**

Yes  No

### Consent for Telehealth Services

To serve the needs of the people in the community, hospital and health care services are now available by interactive video communication and/or electronic transmission.

1. I have been asked to take part in a telehealth consultation. This will be done with one of Hill Country MHDD Centers providers. The purpose is to assess my medical condition. This is done through a two-way audio/video link with a health care provider at a remote location. I must give my informed consent to participate.
2. I understand the provider will be at a different location from me. An additional health care provider may be present with me in the room during treatment.
3. I will be informed if any additional personnel are to be present with me in the room or in the room at the location of the provider.
4. I understand I have the right to refuse to sign this authorization. Hill Country MHDD Centers will not withhold treatment, Medicaid benefits, or payment processing if I refuse to sign. I will receive a copy of this signed authorization.
5. I understand that I have the right to access my medical history, examination, tests, photographs or other images related to my treatment.
6. I understand consultation will become part of my medical record kept by Hill Country MHDD Centers. The provider may store or retain my medical information to comply with any applicable state or federal records retention requirements.
7. I understand I have the right to be informed of and to object to the videotaping or other recording of this treatment.
8. I understand I have the right to revoke this authorization. To revoke, my representative or I must deliver a written statement, signed by my representative or me, to the organization or facility where I gave my authorization, providing the date and purpose of my intent to revoke. My revocation will be effective the date it is received by the organization/facility except to the extent the organization has already relied on my authorization.

**I acknowledge that Hill Country MHDD Centers has explained the telehealth treatment service in a satisfactory manner and that all questions that I have asked about this service have been answered to my satisfaction. This authorization is good for one year unless revoked.**

**I consent to Telehealth services:**  Yes  No

## Emergency Contact

I authorize HCMHDDC to contact the individual and/or physician indicated in the event I become incapacitated due to an emergency.  Yes  No

## Opportunity to register to vote

Are you registered to vote?:  Yes  No  I cannot vote

Do you want to register to vote today?:  Yes  No

Give Individual Voter Registration Card or sign up on website: <https://vrapp.sos.state.tx.us/index.asp>

Applying to register or declining to register to vote will not affect the amount of assistance you will be provided by HILL COUNTY MHD CENTERS.

We can help you complete the voter registration application form. The decision whether to seek or accept help is yours. You may fill out the application form in private and mail yourself.

If you believe that someone has interfered with your right to register or to decline to register to vote, and your right to privacy in deciding whether to register or in applying to register to vote. You may file a complaint with the Elections Division of the Secretary of State, P.O. Box 12060, Austin TX 78711 1-800252-8683.

If you decline to register to vote, this decision will remain confidential and be used only for voter registration purposes. If you decide to register to vote, information regarding the office to which the application was submitted will remain confidential, and only used for voter Identification purposes.

## Authorization for Publication (Chart Photograph)

I authorize Hill Country MHDD Centers to utilize my photograph for documentation in my medical records chart. I understand that I have the right to refuse to authorize this use and Hill Country MHDD Centers will not withhold treatment, benefits or payment processing if I refuse. I understand that I have a right to receive a copy of this authorization if requested.

I understand that I have the right to revoke this authorization. To revoke, my representative or I must deliver a written statement, signed by my representative or me, to Hill Country MHDD Centers providing the date and purpose of this authorization and my intent to revoke the authorization.

I understand that revocation will be effective the date it is received by HCMHDD, except to the extent that the organization has already relied upon my authorization to disclose my health information. Unless this Authorization is revoked earlier, it will automatically terminate one year from the date of original authorization.

I consent to the use of my image as described:  Yes  No

**My Signature Certifies that I have read, understand and agree to the indicated consents.**

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**Name of Individual (Printed)**

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**Signature**

---

**Date**



## Financial Assessment

- Number of Family Members: \_\_\_\_\_
- Number of Dependents: \_\_\_\_\_
- Number of Family Members Receiving Services: \_\_\_\_\_

### Income

- Client Employment Income Frequency:  Weekly  Bi-Weekly  Monthly  Annually  
Employment Income Amount \$: \_\_\_\_\_
- Client Employment Income 2 Frequency:  Weekly  Bi-Weekly  Monthly  Annually  
Employment Income Amount \$: \_\_\_\_\_
- SSI Frequency:  Monthly  Annually  N/A
- SSI Amount \$: \_\_\_\_\_
- SSDI Frequency:  Monthly  Annually  N/A
- SSDI Amount \$: \_\_\_\_\_
- Soc Sec Frequency:  Monthly  Annually  N/A
- Soc Sec Amount \$: \_\_\_\_\_
- Spouse Income Frequency:  Weekly  Bi-Weekly  Monthly  Annually
- Spouse Income Amount \$: \_\_\_\_\_
- Spouse Other Income Frequency:  Weekly  Bi-Weekly  Monthly  Annually
- Spouse Other Income Amount \$: \_\_\_\_\_
- Parent 1 Employment Frequency:  Weekly  Bi-Weekly  Monthly  Annually
- Parent 1 Employment Amount \$: \_\_\_\_\_
- Parent 2 Employment Frequency:  Weekly  Bi-Weekly  Monthly  Annually
- Parent 2 Employment Amount \$: \_\_\_\_\_
- Other Income Frequency:  Weekly  Bi-Weekly  Monthly  Annually
- Other Income Amount \$: \_\_\_\_\_

Does client receive TANF, SNAP or Child Support?  Yes  No

TANF Amount: \_\_\_\_\_

SNAP Amount: \_\_\_\_\_

Child Support Amount: \_\_\_\_\_

**Exceptional Expenses**

- **Major Medical Expense Amount \$:** \_\_\_\_\_ **Frequency:**  Monthly  Annually  NA
- **Major Casualty Expense Amount \$:** \_\_\_\_\_ **Frequency:**  Monthly  Annually  NA
- **Child Care Expense Amount \$:** \_\_\_\_\_ **Frequency:**  Weekly  Monthly  Annually  NA
- **Other Expense Amount \$:** \_\_\_\_\_ **Frequency:**  Weekly  Monthly  Annually  NA

Boxed information is to be filled out by HCMHDDC appropriate staff.

**My family's MMF or Maximum Ability to Pay has been assessed to be: \$** \_\_\_\_\_

**Staff Person to discuss information:** \_\_\_\_\_

**Staff Phone Number:** \_\_\_\_\_

I acknowledge that I have been provided a copy of this financial assessment form and monthly ability to pay scale with maximum amount to pay indicated:  Yes  No

\_\_\_\_\_  
**Name of Individual (Printed)**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

### Authorization and Assignment of Benefits

I have insurance coverage.  **Yes**  **No**

I authorize HCMHDDC to disclose or receive information necessary for the purpose of processing claims and securing payment.  **Yes**  **No**

I authorize the payment of insurance benefits from my third-party insurance provider or other organization for all covered services provided by HCMHDDC.  **Yes**  **No**

I have the following insurance coverage.  **Medicaid**  **Medicare**  **Private Insurance**

I refuse to give information.  **Yes**  **No**

I understand there may be services provided to me my third-party insurance provider will not cover as a benefit and will not pay. I understand I am responsible for payment.  **Yes**  **No**

I have been informed my third-party insurance may consider Hill Country MHDDC as "Out-of-network" and may be subject to the terms of my insurance contract.  **Yes**  **No**

I acknowledge that I have been provided a copy of this Financial Assessment Form and Monthly Ability to pay scale with maximum amount to pay indicated.  **Yes**  **No**

I authorize HCMHDDC to contact the individual and/or physician indicated in the event I become incapacitated due to an emergency.  **Yes**  **No**

I authorize HCMHDDC to contact SSA for verification of eligibility and benefits related to SSI, SSDI, Medicaid and Medicare programs.  **Yes**  **No**

I received a copy of the Rights booklet.  **Yes**  **No**

If you live in Val Verde, Edwards, Uvalde or Kinney County, do you live in a Colonia?  **Yes**  **No**

**I understand by signing this form, the information stated on this Financial Assessment form is true and correct to the best of my knowledge.**

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**Name of Individual (Printed)**

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**Signature**

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**Date**